



NeuroFit Gym
 1361 West Eules Blvd #101
 Eules, TX 76040
 817-571-1323
www.neurofitnessfoundation.org

Volunteer

Neuro Fitness Foundation is a great place to volunteer! Our volunteers assist members and staff in order to provide the most optimal experience for participation and independence.

Opportunities include:

- *Gym volunteers* - assist members to be as independent as possible on the equipment. Volunteers can provide support and assistance as needed, help maintain a clean and safe environment. All volunteers will be trained on equipment.
- *Special Events volunteers* – event organizing, assist staff and members during events in or out of the facility. Responsibilities specific to event.

Volunteer Signup

Name: _____
 Phone number: _____
 Email: _____
 What is the best way to reach you? Phone Text email
 Address: _____

What days are you available?

Monday
 Tuesday
 Wednesday
 Thursday
 Friday
 Saturday

How much time can you dedicate to volunteering in a week?

3 hours or less
 3-5 hours
 5-10 hours
 10-15 hours
 15-20 hours
 20 or more hour

What is the best time of the day for you to volunteer?

Monday-Friday	Saturdays
<input type="checkbox"/> 11am-1pm	<input type="checkbox"/> 10am-12pm
<input type="checkbox"/> 1pm-3pm	<input type="checkbox"/> 12pm-2pm
<input type="checkbox"/> 3pm-5pm	<input type="checkbox"/> drop-in
<input type="checkbox"/> 5pm-7pm	

What type of volunteer activities do you prefer?

assist gym members
 help keep gym and equipment clean
 organize fundraising events
 work fundraising events

Do you have any past experience in volunteer work? Briefly explain.

Why are you interested in volunteering at the NeuroFit Gym?

List 2 references names/phone numbers: _____

Signature: _____

Date: _____