



NeuroFit Gym
1361 West Eules Blvd #101
Eules, TX 76040
817-571-1323
www.neurofitnessfoundation.org

Volunteer

Neuro Fitness Foundation is a great place to volunteer! Our volunteers assist members and staff in order to provide the most optimal experience for participation and independence.

Opportunities include:

- Gym volunteers - assist members to be as independent as possible on the equipment.
Special Events volunteers - event organizing, assist staff and members during events in or out of the facility.
Other volunteer area opportunities - photography/videography, social media development and maintenance, accounting, marketing, technology, advertising

Volunteer Signup

Name: Phone Number:
Email: What is the best way to reach you? Phone Text email
Address:

What days are you available?

Monday Thursday
Tuesday Friday
Wednesday Saturday

How much time can you dedicate to volunteering in a week?

3 hours or less 10-15 hours
3-5 hours 15-20 hours
5-10 hours 20 or more hour

What is the best time of the day for you to volunteer?

Monday-Friday Saturdays
10am-12pm 10am-12pm
12pm-2pm 12pm-2pm
2pm-4pm drop-in
4pm-6pm

\*T, TH closed at 5pm. F closed at 4pm

When can you start?

What type of volunteer activities do you prefer?

Assist gym members and staff
Help keep gym and equipment clean
Organize fundraising events
Work fundraising events
Others

Do you have any past experience in volunteer work? Briefly explain.

Why are you interested in volunteering at the NeuroFit Gym?

List 2 references names/phone numbers:

Signature: Date: